

Archery Study Guide

Safety Rules

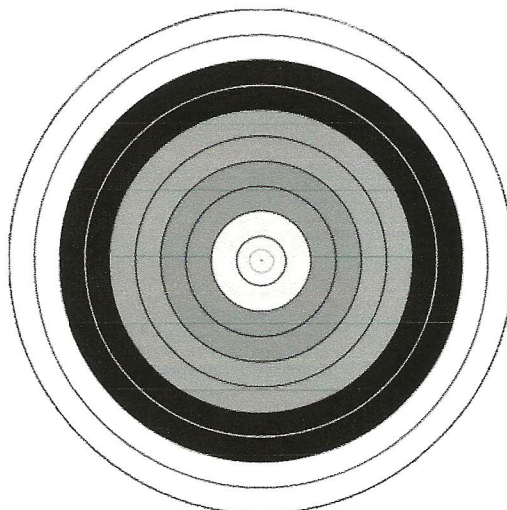
1. Never go beyond the shooting line while a person is shooting.
2. Shoot only at the target
3. Make certain no one is between you and the target before drawing the bow.
4. Do not draw the arrow past the bow handle.
5. Do not release a fully drawn bow without an arrow.
6. Do not wear oversized clothing or jewelry when shooting.
7. Never point an "armed bow" at a person.
8. After shooting, stand behind the other shooters until all other shooters have completed.
9. Arrows should only be retrieved after all arrows have been shot.

Steps in Shooting Archery

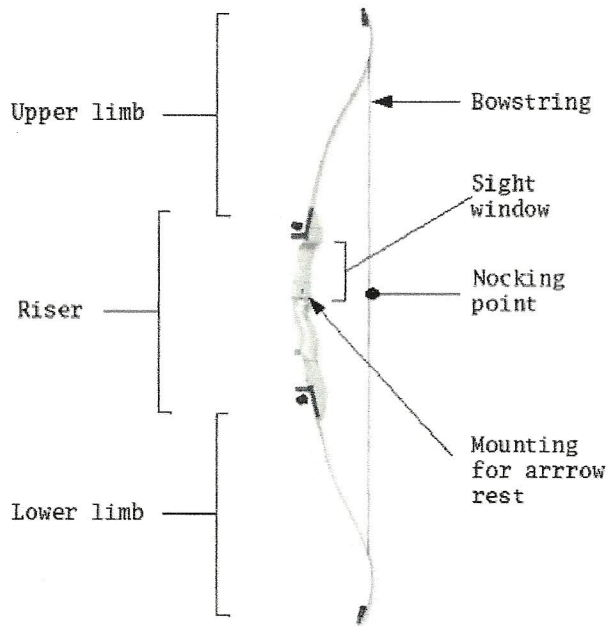
- **The Stance:** Straddle the shooting line with your drawing arm back.
- **The Nock:** Putting the arrow on the string, **index feather out**.
- **The Anchor:** Draw the arrow back, anchor the thumb to the jaw with the elbow out.
- **The Aim:** Aim at the black in the target-then adjust.
- **The Release:** Quickly straighten your fingers holding the arrow.

Scoring Rules

- The score is determined by where the arrow shaft is in the target.
- Arrows touching a dividing line or two colors score the higher point value.
- Each archer shoots an **end** of three arrows.
- Arrows that fall from the bow and cannot be reached by the archer from the shooting line are considered to have been shot.
- Points values are as follows:
 - Gold = 10
 - Red = 8
 - Blue = 6
 - Black = 4
 - White = 2



Bow and Arrow Parts



Vocabulary

Anchor Point	Specific location on the archer's face where the index finger rests while holding and aiming.
Cast	Distance a bow is capable of shooting an arrow.
Draw	Pulling the bowstring back into the anchor position.
End	Specified number of arrows shot from one position.
Fletchings	Feathers that guide arrow's flight.
Index Feather	Differently colored arrow feather set at a right angle to the nock
Nock	Groove in the end of an arrow in which the string is placed.
Overdraw	Drawing the arrow back so far that the pile is inside the bow.
Pile (point)	The pointed metal tip of the arrow.
Quiver	Receptacle for holding or carrying the arrows.