

# Strongsville City Schools

## ADMINISTRATIVE OFFICES

**Cameron M. Ryba, Superintendent**  
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Dear Parent/Guardian:

Often we think of school as a place to grow and learn academically. However, we also understand that it is not uncommon for students to come to school with behavioral and/or emotional issues that need support so that learning can take place. Strongsville City Schools strives to meet the needs of all students. Over the last year, our counselors and psychologists have examined ways to help support the social-emotional needs of our students. Through proactive classroom guidance lessons, as well as group and individual counseling from our current staff, we are able to help the vast majority of students. Even with all of the school-based support we are providing, we still feel that some students would benefit from ongoing and/or clinical support that goes beyond what we are currently able to offer through our school services.

As a result, Strongsville City Schools has established a partnership with Nancy Lowrie & Associates, LLC, (NLA), a counseling practice that specializes in child therapy, adolescent therapy, and family counseling. Their practice is located in Strongsville. All NLA therapists are Masters-level and licensed by the State of Ohio. They are able to diagnose and treat a variety of emotional and behavioral health concerns.

The shared goal of our district and NLA is to improve overall wellbeing of students that may exhibit a need for this level of support. The following are just some examples of the topics that therapists through NLA can address in individual, group, or family sessions:

- Strategies for managing relationships with peers
- Development of social skills
- Ability to deal with teasing and bullies
- Increasing self-esteem
- Skills for anger management
- Coping skills/stress management
- Decision making abilities
- Managing family problems

Best of all, NLA is able to offer you this service at school. NLA will send trained therapists to school to meet with your child during a non-academic time. Also, to make this easier for you, NLA counseling services are covered under most health insurance plans, including Medicaid HMO's (Caresource, Paramount, and Buckeye) and most private health insurance plans (Medical Mutual, Anthem, Aetna, etc.). NLA does all the clinical work plus does the actual insurance billing for you.

This is a wonderful opportunity for your child to receive additional support, in a confidential atmosphere during the school day. If you are interested in participating in this program at any time throughout the year, please contact your child's guidance counselor or principal or fill out the attached form and return to the school counselor. An NLA therapist will call to schedule an initial meeting with you to get your child started in the program.

Sincerely,

Cameron M. Ryba  
Superintendent

## Nancy Lowrie & Associates, LLC Counseling Program

Student's Name \_\_\_\_\_

Grade Level \_\_\_\_\_

Student's Counselor \_\_\_\_\_

Student's Date of Birth \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Contact Phone Number \_\_\_\_\_

Type of Insurance \_\_\_\_\_

Insurance Identification Number \_\_\_\_\_

*This form may be mailed to:*

Strongsville High School Guidance Department  
20025 Lunn Road, Strongsville, OH 44149

Strongsville Middle School Guidance Department  
13200 Pearl Road, Strongsville, OH 44136

Chapman Elementary Guidance Department  
13883 Drake Road, Strongsville, OH 44136

Kinsner Elementary Guidance Department  
19091 Waterford Pkwy, Strongsville, OH 44149

Muraski Elementary Guidance Department  
20270 Royalton Rd, Strongsville, OH 44149

Surrarrer Elementary Guidance Department  
9306 Priem Road, Strongsville, OH 44149

Whitney Elementary Guidance Department  
13548 Whitney Rd, Strongsville, OH 44136

\*\* You will be notified by a NLA therapist when this form is received to establish next steps.